

## Activities to Share - free downloads

### Creative Leaf Printing

This makes an enjoyable and relaxing activity for groups or on

A one-to-one basis, encouraging conversation and creativity. The leaves are highly tactile and will encourage reminiscence about childhood

memories and woodland walks.



#### Materials:

- ◆ Selection of fresh leaves
- ◆ Non-toxic paint in different colours
- ◆ Paintbrushes
- ◆ Old Newspapers
- ◆ Plain paper

#### Instructions:

1. Cover a table with newspaper.
2. Paint one side of a leaf (holding leaf by the stem).
3. Place the leaf paint side down on a plain sheet of paper and press gently.
4. Peel the leaf off to reveal the leaf print shape.
5. Repeat with differently shaped and sized leaves.