



## Fitness Word Search

J	R	J	J	F	C	E	X	E	R	C	I	S	E
J	D	T	A	E	R	U	R	F	P	I	K	S	S
E	E	H	J	E	A	E	E	E	E	P	A	D	C
R	S	T	B	I	R	U	N	E	P	E	P	P	X
E	E	B	R	E	A	T	H	E	P	E	N	R	E
D	N	U	P	M	U	J	D	N	E	B	A	E	S
M	A	A	P	H	S	T	S	S	A	C	E	T	I
T	M	F	E	I	R	T	E	C	N	A	D	N	R
D	S	I	M	N	A	E	H	H	C	F	T	D	D
T	A	T	D	U	K	I	E	E	U	I	S	T	A
S	U	N	S	C	S	C	E	E	A	N	A	R	R
E	E	E	E	E	H	C	T	E	R	T	S	X	A
R	T	S	C	P	A	C	R	J	E	D	R	R	N
T	S	S	R	H	E	T	R	I	I	A	J	S	N

RUN  
BREATHE  
FITNESS  
REPEAT  
DANCE  
BEND  
STRETCH  
SKIP  
JUMP  
EXERCISE

Exercise your brain without getting out of puff! Our word search is just the job to get you in the mood for some simple exercise!